

C r o s s l a u f n o t e n

Klasse 5

900m	03:57	04:02	04:09	04:16	04:26	04:36	04:46	04:56	05:11	05:31	05:56
Jungen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1200m	05:25	05:32	05:42	05:52	06:07	06:22	06:37	06:52	07:12	07:37	08:07
900m	04:10	04:17	04:27	04:37	04:52	05:07	05:22	05:37	05:57	06:22	06:52
Mädchen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1200m	06:00	06:10	06:25	06:40	07:00	07:20	07:44	08:00	08:25	09:00	09:30

Klasse 6

Jungen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1200m	05:10	05:17	05:27	05:37	05:52	06:07	06:22	06:37	06:57	07:22	07:52
Mädchen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1200m	05:40	05:50	06:05	06:20	06:40	07:00	07:20	07:40	08:05	08:40	09:10

Klasse 7

Jungen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1200m	04:55	05:02	05:12	05:22	05:37	05:52	06:07	06:22	06:42	07:07	07:37
Mädchen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1200m	05:20	05:30	05:45	06:00	06:20	06:40	07:00	07:20	07:45	08:20	08:50

Klasse 8

1200m	04:47	04:54	05:04	05:14	05:29	05:44	05:59	06:14	06:34	06:59	07:29
Jungen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1600m	06:35	06:45	07:00	07:15	07:35	07:55	08:15	08:35	09:00	09:35	10:05
1200m	05:15	05:25	05:40	05:55	06:15	06:35	06:55	07:15	07:40	08:15	08:45
Mädchen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1600m	07:12	07:26	07:48	08:10	08:37	09:04	09:30	09:57	10:29	11:18	11:46

Klasse 9

1200m	04:40	04:47	04:57	05:07	05:22	05:37	05:52	06:07	06:27	06:52	07:22
Jungen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1600m	06:25	06:35	06:50	07:05	07:25	07:45	08:05	08:25	08:50	09:25	09:55
1200m	05:15	05:25	05:40	05:55	06:15	06:35	06:55	07:15	07:40	08:15	08:45
Mädchen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1600m	07:12	07:26	07:48	08:10	08:37	09:04	09:30	09:57	10:29	11:18	11:46

Klasse 10

Jungen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1600m	06:18	06:28	06:43	06:58	07:18	07:38	07:58	08:18	08:43	09:18	09:48
Mädchen	1	1-	2+	2	2-	3+	3	3-	4+	4	4-
1600m	07:12	07:26	07:48	08:10	08:37	09:04	09:30	09:57	10:29	11:18	11:46